



Daughter
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DREAM AGAIN

Virtual Goal Setting Session

SESSION AIMS

- Create space for us to look ahead to 2021 with hope and expectation.
- To give us some practical tools that will help us to be intentional about achieving our goals within the context of faith.
- To encourage us forward in the context of community.

3 STEPS

1) THANKSGIVING AND PRAISE

1) CONFESSION AND INTIMACY

1) REFLECTION AND DECLARATION

JOHN 15 - I AM THE VINE

15 "I am the true vine, and my Father is the gardener. 2 He cuts off every branch in me that bears no fruit, while every branch that does bear fruit he prunes^[a] so that it will be even more fruitful. 3 You are already clean because of the word I have spoken to you. 4 Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me.

5 "I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing. 6 If you do not remain in me, you are like a branch that is thrown away and withers; such branches are picked up, thrown into the fire and burned. 7 If you remain in me and my words remain in you, ask whatever you wish, and it will be done for you. 8 This is to my Father's glory, that you bear much fruit, showing yourselves to be my disciples.

Other helpful verses: Proverbs 3:5-6 Proverbs 16:3 Proverbs 19:21

Isaiah 55:8 Matthew 6:33 Proverbs 16:9



WHY THE 12 WEEK YEAR?

- Starts with the end in mind. Count the cost.
(Luke 14:28)
- It's good to plan with the right heart. (Proverbs 16:3)
- Break your year into manageable chunks. (Zech 4:10)
- Regular review and celebration (2 Cor 13:5/Deut 10:21)
 - Practical tools (James 2:26)

DREAM!!!

HAVE	DO	BE

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LONG TERM VISION

5/10/15 years from now

Be bold and courageous.

Pulling from your have/do/be, spend some time creating a life vision that inspires you and fulfils your purpose.

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3 YEAR VISION

Now that you've started to think about the possibilities in your life, let's get specific.

How old will you be?

Family

Health

Spiritual

Social

Financial

Intellectual

Spouse

Lifestyle

Emotional

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12 MONTH VISION

What would your like life to look like at the end of 2021?

Family

Health

Spiritual

Social

Financial

Intellectual

Spouse

Lifestyle

Emotional

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SHARE IT!

Who can you be accountable to after tonight?

TIPS FOR GOAL SETTING

Specific
Measurable
Accountability
Realistic
Time bound

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THE 12 WEEK YEAR

Choose 1-3 goals only to target in the first 12 weeks of the year and state them in the positive.

Then choose just one to focus on tonight. Using the 12 week year plan template make a list of all the actions you think you'll need to complete to arrive at your goal.

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THE 12 WEEK YEAR

12 WEEK GOALS

GOALS
>
>
>

12 WEEK PLAN

GOAL #1:

KEY ACTIONS/TACTICS	WEEK DUE

GOAL #2:

KEY ACTIONS/TACTICS	WEEK DUE



PLANNING YOUR TIME DAILY

“If we take care of the minutes, the years will take care of themselves.” Benjamin Franklin

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7 a.m.							
8 a.m.							
9 a.m.							
10 a.m.							
11 a.m.							
12 p.m.							
1 p.m.							
2 p.m.							
3 p.m.							
4 p.m.							
5 p.m.							
6 p.m.							
7 p.m.							

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PLANNING YOUR TIME DAILY

Strategic blocks, Buffer Blocks and Break out Blocks

	Sunday	Monday	Tuesday	Wed.	Thursday	Friday	Saturday
7:00 am		Weekly Plan & Sc.	Buffer Block				
8:00 am		WAM	Strategic Block	Appointment	Prospecting	Admin	
9:00 am				Appointment			
10:00 am		Prospecting		Prospecting			
11:00 am		Buffer Block			Buffer Block		
12:00 pm			Referral Lunch	Buffer Block			
1:00 pm		Appointment	Appointment	Referral Lunch	Appointment		
2:00 pm		Appointment		Appointment	Appointment	Breakout Block 2nd and 4th Weeks	
3:00 pm					Appointment		
4:00 pm		Buffer Block					
5:00 pm							
6:00 pm							
7:00 pm							

MONEY TALKS

“Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? ...

But seek first his kingdom and his righteousness, and all these things will be given to you as well.”

Matthew 6: 25 and 33


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REFLECTION AND CELEBRATION

I will be sending out a session evaluation later on. If you return that back with your name and address you'll receive a free gift in the post from me!

12weekyear.com/fieldguide

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